



Book Cooks Club

Winter Session: January-June 2018

Join our **Winter Book Cooks Club** where we are going to take a tasty trip around the U.S.A. We will “gobble up” outstanding children’s literature while “simmering” some science and “tasting” geography! During our winter session, we will travel across America and sample the different kinds of foods people eat. Our theme each week will encourage our little chefs to develop an “appetite” for yummy award-winning literature.

Did you know that children need to taste a food seventeen or more times before acquiring a taste for it? In our Book Cooks Club, we will expose the children to various foods and create an excitement about tasting new foods. Research shows that children are more likely to try a new food if they helped prepare it. Giving our young chefs an exposure to new tastes will encourage them to be more accepting!

On our journey, we will travel to many exciting destinations across the United States of America. We’ll cook peach pie while visiting Georgia and make chocolate surprises while stopping at Hershey Park, Pennsylvania. After reading *The Greatest Potato*, we can’t wait to create a variety of potato dishes. Will we prefer mashed potatoes or a loaded baked potato? Tying in science, we’ll learn about bears in the Pacific Northwest and then make our own bear biscuits. Yum! We are so excited because we have many states to explore! Through our wonderful selection of fiction and non-fiction literature, we will learn about all the wonderful regions of the USA!

The children develop important self-help skills as they learn to set the table and serve the dishes to each other. What a wonderful way to build self-esteem as well! Our junior chefs will learn how to read and follow a recipe as well as make predictions about outcomes. We will be using all of our senses as we create fabulous dishes. Group cooking projects also encourage our junior chefs to practice in sharing and cooperation, stimulating the satisfaction of making something as a team! We are going to discover new flavors, tastes, cultures, and customs as we read quality literature and make meaningful connections through our hands-on cooking projects.

We can’t wait to stir up a batch of eager learners with our literature and cooking experiences!



BOOK COOKS CLUB

When: We offer the club on Friday afternoons from 11:45-2:30 p.m. Our club sessions begin with lunch time in our class. There are eighteen sessions in each of our winter clubs.

Dates: We will meet on the following dates: January 5, 12, 19, 26; February 2, 9, 23; March 2, 9, 16, 23; April 13, 27; May 4, 11, 18; and June 1, 8.

Tuition: \$765.00 (materials included)



Book Cooks Club

WINTER 2016 REGISTRATION FORM

Complete attached application and return to us with payment of \$715.00. If your child is not a current student at CLC, you will be required to provide full information forms including a medical form prior to the first class.

___Registration for Wednesday afternoon Book Cooks Club, 11:45-2:30.

Name of Child: _____

Female ___ Male ___

Date of Birth: _____

Age as of January 2018: _____

Home Address: _____

Home Telephone: _____

Mother's Name _____ Cell Phone: _____

Father's Name _____ Cell Phone: _____

Email Address: _____ @ _____

Parent's Signature: _____

Date: _____